



WELLOW HOUSE SCHOOL

Weekly Newsletter

21st November 2019



Setting challenges, embarking upon adventures and putting together plans to push yourself; challenges are one of the best ways to spark innovation, test your mettle, change the world and change yourself. The week began with my assembly titled 'New Challenges'. The children were asked to write their own personal challenge on a slip of paper, keep it in their pocket and once complete pop and see me then write a new one. There was an interesting array of personal challenges set, from learning to spell 'was' (as opposed to 'woz'), learning to roller blade and trying brussel sprouts!

Our big challenge this week has been the 'Uppingham On the Buzzer Challenge'. Nervously our teams competed against 19 other schools in a 'University Challenge' type contest and did themselves proud; making the quarter finals.

Prep exam week has been a serious affair; children studying quietly in the library at break times, testing each other whilst waiting to go in to their exams. Nervous tension was palpable around school. On Wednesday I was bombarded with a group of pupils asking 'why do we have to do exams?' My response, in a nutshell was 'it's for me to check that the Teachers are teaching what they should be teaching!' they went away smiling! Regarding exams, there is evidence that both studying for and sitting exams deepens learning. Studying is like exercising, when one exercises, the muscles in use grow stronger. Likewise, the process of searching through ones memory and retrieving the relevant information strengthens that memory pathway for future uses. Teaching children exam techniques is a crucial skill for further education and also allowing children to make mistakes and learning from them is something I am keen to encourage.

Making mistakes and developing resilience is vital in establishing positive mental health and although exam week is importance, corrections week is more so!

My focus moving forward will very much be to ensure that children are constantly challenged; not only in their academic studies but artistically, musically and personally whilst bearing in mind, 'educating the mind without educating the heart is no education at all' (Aristotle). Ms Seaton presented our vision for moving the music and performing arts department in; which will in turn see many children challenge themselves to learn new instruments, take part in examinations (Music & Lamda) and perform in many productions scheduled for this term!



Enjoy the weekend, maybe challenge yourself to trying something new!

Ms Lamb



Happy Birthday!



Jayden, 9



*Our fabulous Certificate Winners for this week!
Well done Everyone!*





Tom – Grade 4 fencing, Henry- Grade 2 fencing, Eric – Man of the Match, Football



Flora - ABRSM GRADE 1, Izzy - Lamda with merit





On Friday, I went to Lambley Riding Club presentation night. They add up your scores from shows all year and give out prizes. I was awarded: -

- 1st in Style and Appearance
- 1st in Working Hunter
- 1st in Handy Pony
- 3rd in Show Jumping
- Overall Working Hunter champion
- Overall Showing champion
- Overall Handy Pony champion
- Riding Club points champion
- Riding Club champion of champions
- **Rose Year 3**



Our Stars of the Week....

....And Super Swimmers



Trip to Uppingham 'on the Buzzer' Competition

On Tuesday 19th November 8 excited children, lured by the prospect of a great tea, set off with Mr. Bardsley and Mr. O'Kane to the annual general knowledge at Uppingham. This is a national competition for children in Year Six. However, as our children are so brilliant, we even took 4 children from Year Five!

The A team comprised William (captain), Max, Olivia and Grace. In the first part of the competition we played Bilton Grange (Won 120-80), Winchester House (Won 160-85) and Holmwood House (Lost 220-110). There were some superb answers from all the team and they quickly learnt the need for team work and consultation. With such impressive results we progressed to the Quarter finals where we lost narrowly to the eventual runners up.

The B team comprised Maddison, Hugo (Captain), Isabella and Shyla. They were handicapped by their young age but made a very good showing, eventually finishing equal fourth in the plate competition. The experience should prove invaluable when they enter next year.

However, as always, the highlight for the children was the magnificent tea. I would like to thank all the parents who accompanied their children as supporters and all the parents who had to turn out late to pick up their children from Wellow. Also, a hug thanks to Uppingham for hosting this excellent event once again. A great day had by all and the children were suitably impressed by the interactive Periodic Table.



The Beast (aka Tiffany and Tifara's uncle) is very supportive of Wellow and has kindly signed one of his rugby tops for us! The Beast has 117 caps and is the most capped prop in Springbok history.

We have invited him into school when he is next in the UK to talk to the children!!

HOUSE HOCKEY COMPETITION

No Games fixtures have been played during Exam Week, but the Years 3-8 girls had an exciting House Hockey competition on Wednesday. Our congratulations go to the Normans as the winning team!



CROSS COUNTRY NEWS

Wellow House had some fantastic achievements at the Highfields Cross Country meeting on Thursday, which had approximately 70 runners in each U11 and U9 race.

Izzy D finished 3rd in the U11 Girls race, which was a great result for her first competitive cross country outing this season. Top 20 placings were achieved by Jemima L (20th) and Archie B (18th) in their U9 races. There were other very promising results, as several of our runners were up against older children in their age category; we had many runners finishing in the middle placings. A special mention is included for Rose P (Year 3) who was called up as first reserve and finished an amazing 36th, Evie B (Year 3) after returning to fitness after being out of action since mid-September and Hugo D (Year 5) for joining the U11 Boys team only this week. Several of our cross country squad are competing in

their first term of cross country meetings at Willow House and it is wonderful for the staff and the children's parents to observe them all growing in confidence. - Mrs Nichols



Next Week's Sports Fixtures

♣ GOOD LUCK ♣

- To Isabella D (Year 5) who is competing in an U11 Quad Kids Athletics competition at the EIS, Sheffield on Sunday.

Monday 25th November

U9 A&B Rugby v Highfields (H) [2:00pm](#)

U9 Hockey v Highfields (H) [2:00pm](#)

Wednesday 27th November

U12-U10 Hockey v Barlborough Hall v Mylnhurst (A) 2.15pm S43 4ES - new fixture (girls only)

U10 Rugby v Ranby House v Lincoln Minster (A) [2:00pm](#) DN22 8HX

NEW FIXTURE FOR THE SPORTS CALENDAR

Wednesday 4th December

U11 Rugby v Barlborough Hall (H) 2.15pm

With best wishes from the Pupils and staff at Wellow House School

