

Willow Bistro

Summer Term Menu – Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat meal	100% breast meat homemade chicken goujons with tomato ketchup	Minced lamb mousaka	Pork meatballs in a homemade tomato sauce	Roast gammon	Oven baked cod fillet with sweet chilli sauce
Non meat option	**Pre-Prep** Vegetarian nuggets with tomato ketchup	Spinach and feta parcel	Vegetarian meat free ball in a homemade tomato sauce	Asparagus quiche	Quorn fillet with sweet chilli sauce
Sides	Potato salad Peas	Couscous Broccoli	Whole wheat pasta Garlic dough balls Grated carrot	Steamed new potatoes Salad Coleslaw	Egg noodles Stir fried vegetables
Dessert	Banana and blueberry muffin	Fresh fruit jelly	Meringue nests with raspberry cream	Cornflake tart with custard	Ice cream with naughty hot chocolate sauce